

Kitchen Creations

FREE Diabetes Cooking Classes!



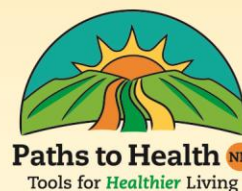
Please join us for this **FREE** series of 4 classes!

- Learn how to plan meals that help manage diabetes.
- Practice cooking foods in healthier ways.
- Enjoy the support of others who are living with diabetes.

Provided by:



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College of Agricultural, Consumer and Environmental Sciences



For more information about Paths to Health NM programs, call: 505.850.0176 or 575.703.2343



Class Details

DAY OF WEEK: Thursdays

DATES: May 2, 9, 16, 23

TIME: 9:30 AM-12:30 PM (lunch provided)

LOCATION: Old Town Mission Community Center
301 Socorro St
Las Vegas, NM 87701

INSTRUCTORS: Sunny Finley, Mora County Extension Program Director
Laura McCann, MS, RDN, LD

TO REGISTER: Call 575-387-2856 or visit our website

kitchencreations.nmsu.edu

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